

### **ABSTRACT OF THE DISCLOSURE**

A method and system for providing secure, instantaneous, multiparty, real-time, communications. Users can engage in text or audio conferences on demand with security. The system and method is characterized by a client server architecture with a centralized  
5 process for controlling communications access; and a plurality of client applications each located with an end user for control, and with each end user having a device for effecting the communications which may be combined with or operated separately from the client application controlling the communications session.